

## Surgical Site Infection Prevention Spinal & Cranial Surgery

2023 Neurosurgical Society of Alabama Conference

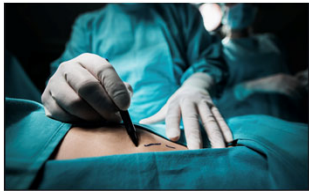
Dr. Molly Fleece

UAB Infectious Diseases & Associate Healthcare Epidemiologist

**UAB** MEDICINE



## SURGICAL SITE INFECTIONS (SSI)



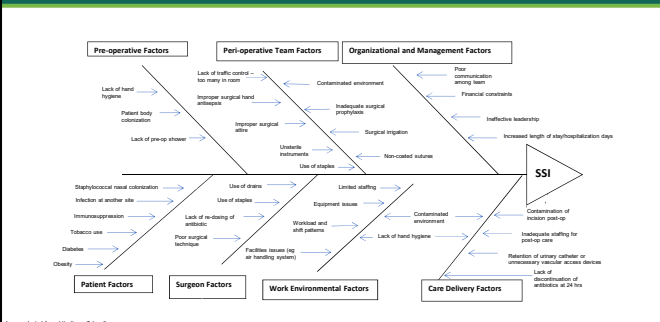
- One of the **most common** and costly hospital-acquired infections (HAI)

- 2021 NHSN data:  
21,186 SSIs  
2,759,027 operative procedures

- Estimated approximately **60%** of all SSIs are deemed preventable using **evidence-based strategies**

NHSN 2019 SSI Protocol <https://www.cdc.gov/nhsn/datacollection/SSIProtocol.pdf>  
Nationale point-prevalence survey of health care-associated infections, NSIS 2018  
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## RISK IS A MYRIAD EVENT SSI FISHBONE DIAGRAM



## SSI PREVENTION

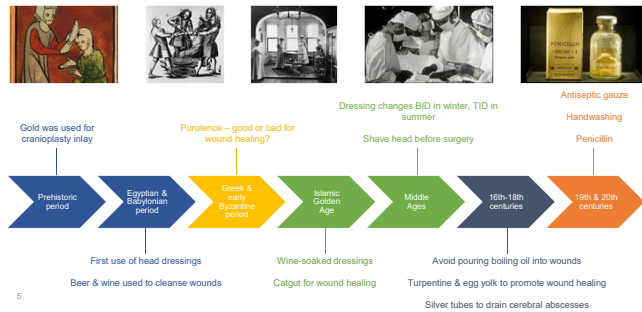
Who has a seat at the table?



4

Image adapted from: <https://www.aahr.org/infection-prevention/> / <https://www.aahr.org/infection-prevention/>

## SSI PREVENTION IN HISTORY



5

Prevention of SSI after brain surgery: the published period to the present. *Neurosurgery* 2009

**Journal of Surgical Infection**

**APIC | Review**

**Surgical Site Infection Prevention & Review**

Michael S. Calderwood, MD, MPH, Christopher A. Marzella, MD, David J. Anderson, MD, MPH

**IMPORTANCE** Approximately 0.5% to 1% of patients undergoing surgery will experience infection at or adjacent to the surgical incision site. Compared with patients undergoing surgery who do not have a surgical site infection, those with a surgical site infection are hospitalized approximately 7 to 11 days longer.

**CONCLUSIONS** Most surgical site infections can be prevented if appropriate strategies are implemented. These infections are typically caused when bacteria from the patient's endogenous flora are introduced into the surgical site at the time of surgery. Development of an infection depends on various factors such as the health of the patient's immune system, presence of foreign material, degree of bacterial wound contamination, and use of antibiotic prophylaxis. Although numerous strategies are recommended for international organizations to decrease surgical site infection, only 3 general strategies are supported by randomized trials. Interventions that are associated with lower rates of infection include washing hands for 30 seconds (4.4% with soap vs 2.3% with alcohol), disinfection with 70% alcohol antiseptic for 30 seconds, and intraoperative antibiotic prophylaxis for high-risk procedures (0.8% with disinfection vs 2% without). Use of chlorhexidine gluconate and alcohol-based skin preparation (0.5% with chlorhexidine gluconate plus alcohol vs 6.5% with povidone iodine plus alcohol) maintaining normothermia with active warming (such as warmed intravenous fluids, skin warming, and warm forced air) to keep the body temperature warmer than 36°C (4.7% with active warming vs 11% without), preoperative glycemic control (5.4% with glucose <100 mg/dL vs 10% with glucose >150 mg/dL), and use of negative pressure wound therapy (5.7% with vs 10% without). Guidelines recommend appropriate timing, dosage, and choice of preoperative parenteral antibiotic prophylaxis.

**CONCLUSIONS** Most surgical site infections affect approximately 0.5% to 1% of patients undergoing surgery and are associated with longer hospital stays than patients with no surgical site infection. Reducing rates for low-mortality, nonfatal conditions, use of chlorhexidine gluconate plus alcohol-based skin preparation agents, disinfection with chlorhexidine gluconate and alcohol, and intraoperative antibiotic prophylaxis for high-risk procedures, controlling for preoperative glucose concentrations, and using negative pressure wound therapy can reduce the rate of surgical site infections.

JAMA. 2023;329(24):2422-2432. doi:10.1001/jama.2023.24075

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Journal of Surgical Infection

**SHEA/IDSA/APIC Practice Recommendation**

**Strategies to prevent surgical site infections in acute-care hospitals: 2022 Update**

Michael S. Calderwood MD, MPH<sup>1,2</sup>, Deverick J. Anderson MD, MPH<sup>3,4</sup>, Dale W. Bratzler DO, MPH<sup>5</sup>, E. Patchen Dellinger MD<sup>6</sup>, Sylvia Garcia-Houchins RN, MBA, CIC<sup>7</sup>, Lisa L. Maragakis MD, MPH<sup>8</sup>, Ann-Christine Nyquist MD, MSPH<sup>9</sup>, Kieran M. Perkins MD, MPH<sup>10</sup>, Michael Anne Pheas RN, MS, CIC<sup>11</sup>, Lisa Salzman MD, MPH<sup>12</sup>, Joshua K. Schaffstein MD, PhD<sup>13</sup>, Martin Schweizer PhD<sup>14</sup>, Deborah S. Yokes MD, MPH<sup>15</sup> and Keith S. Kaye MD, MPH<sup>16</sup>

**AORN JOURNAL**  
THE OFFICIAL VOICE OF PERIOPERATIVE NURSING

**Featured Article** | **Full Access**  
**Preventing Surgical Site Infections: Implementing Strategies Throughout the Perioperative Continuum**

Rossana Rosa MD, MSC, Kathleen Spodato MSN, RN, CIC, Lilian M. Abbo MD, MBA, FDSA

First published: 27 April 2023 | <https://doi.org/10.1002/aorn.13913>

**UHS HEALTH SYSTEM**

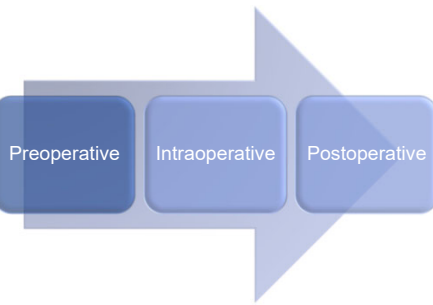


## SSI RISK FACTORS

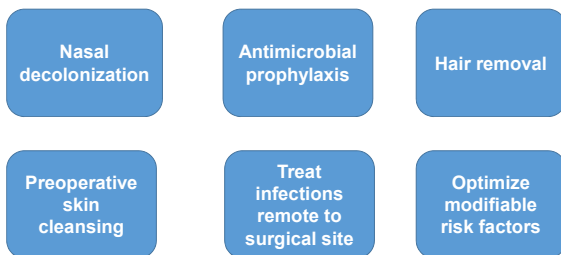
Table 3. Selected Risk Factors for and Recommendations to Prevent Surgical Site Infection (SSI)

Risk Factor	Recommendation	Quality of Evidence
<b>Preparation of patient</b>		
Hair removal	Do not remove unless hair will interfere with the operation <sup>6</sup> ; if hair removal is necessary, remove outside of the operating room by clipping. Do not use razors.	HIGH
Preoperative infections	Identify and treat infections remote to the surgical site (eg, urinary tract infection in the presence of prior to elective surgery. <sup>6,10,11</sup> Do not routinely test or treat for asymptomatic bacteriuria except in urologic procedures. <sup>6,10,11</sup>	MODERATE
<b>Operating room characteristics</b>		
Surgical scrub (surgical team members' hands and forearms)	Use appropriate antiseptic agent to perform preoperative surgical scrub. <sup>6,12,13</sup> For most products, scrub the hands and forearms for 2-5 minutes.	MODERATE
Skin preparation	Wash and clean skin around incision site. Use a dual agent skin prep containing alcohol unless contraindications exist. <sup>6</sup>	HIGH
Antimicrobial prophylaxis	Administer only when indicated. <sup>6</sup> Select appropriate agents based on surgical procedure, most common pathogens causing SSI for a specific procedure, and published recommendations. <sup>6</sup> Administer within 1 hour of incision to maximize tissue concentration. <sup>6</sup> Discontinue antimicrobial agents after incisional closure in the operating room. <sup>6</sup>	HIGH
Blood transfusion	Blood transfusions increase the risk of SSI by decreasing macrophage function. Reduce blood loss and need for blood transfusion to greatest extent possible. <sup>6,14-16</sup>	MODERATE
Surgeon skill/technique	Handle tissue carefully and eradicate dead space. <sup>6</sup>	LOW
Appropriate gloving	All members of the operative team should double glove and change gloves when perforation is noted. <sup>10</sup>	LOW
Asepsis	Adhere to standard principles of operating room asepsis. <sup>6</sup>	LOW
Operative time	No formal recommendation in most recent guidelines; minimize as much as possible without sacrificing surgical technique and aseptic practice.	HIGH
<b>Operating room characteristics</b>		
Ventilation	Follow American Institute of Architects' recommendations for proper air handling in the operating room. <sup>6,17</sup>	LOW
Traffic	Minimize operating room traffic. <sup>6,18,19</sup>	LOW
Environmental surfaces	Use an Environmental Protection Agency (EPA)-approved hospital disinfectant to clean visibly soiled or contaminated surfaces and equipment in accordance with manufacturer's instructions. <sup>6</sup>	LOW
Sterilization of surgical equipment	Sterilize all surgical equipment according to the device manufacturer's validated parameters: cycle type, time, temperature, pressure, and dry time. Minimize the use of immediate use steam sterilization. <sup>6</sup>	MODERATE

## PERIOPERATIVE CONTINUUM

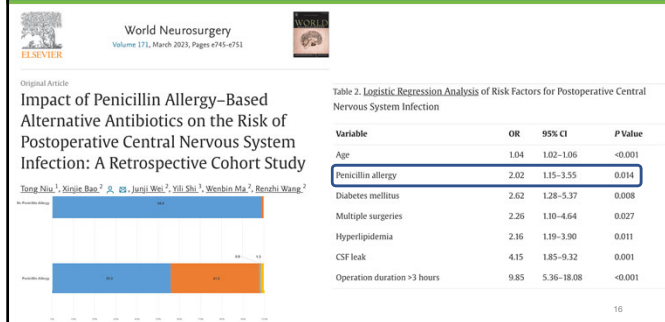


## PREOPERATIVE





## ANTIBIOTIC CHOICE

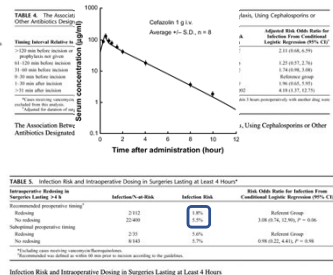


## ANTIBIOTIC TIMING

Timing of Antimicrobial Prophylaxis and the Risk of Surgical Site Infections  
Results From the Trial to Reduce Antimicrobial Prophylaxis Errors

Author information

- Start within 60 minutes of surgical incision (≈120 minutes for vancomycin, fluoroquinolones)
- Patient weight-based dosing
- Redose, if indicated



Timing of Antimicrobial Prophylaxis and the Risk of Surgical Site Infections. Annals of Surgery. 2008;197:1153-1159.

## ANTIBIOTIC DURATION

The effects of avoiding extended antimicrobial drain prophylaxis on *Clostridioides difficile* and postprocedural infection rates: a 5-year retrospective

Alexandria C. Marino, MD, PhD<sup>1</sup>, Evan D. Robinson, MD<sup>2</sup>, Jakob A. Durden, BA<sup>1</sup>, Heather L. Cox, PharmD<sup>1,2</sup>, Amy J. Mathers, MD<sup>1</sup>, and Mark E. Sharfey, MD<sup>1</sup>

<sup>1</sup>Department of Neurological Surgery, University of Virginia; <sup>2</sup>Division of Infectious Diseases and International Health, Department of Medicine, University of Virginia; <sup>3</sup>University of Virginia School of Medicine; and <sup>4</sup>Department of Pharmacy Services, University of Virginia Health, Charlottesville, Virginia

TABLE 2. Incidence of *C. difficile* infection

Variable	Extended PPDP	Limited PPDP	p Value
Total cases	27	7	
Incidence/1000 patient days	1.1	0.31	0.0020

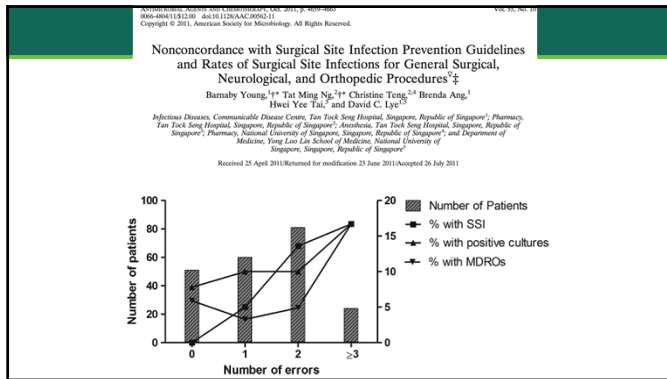
Decrease from 0.5% to 0.07% per procedural encounter

TABLE 3. Per-procedure SSI- and EVD-associated meningitis/ventriculitis rates according to PPDP time period

Variable	Extended PPDP	Limited PPDP	p Value
SSI	56 (1.2%)	58 (1.4%)	0.39
SSI (drain cases)	25 (1.1%)	34 (1.5%)	0.13
SSI (instrumented spine)	19 (1.4%)	21 (1.5%)	0.71
EVD-associated infection	6 (3.1%)	5 (2.3%)	0.62

No significant change, similar in all subgroups

85% relative risk reduction, preventing at least 1 *C. difficile* infection every 2 months on the neurosurgery service




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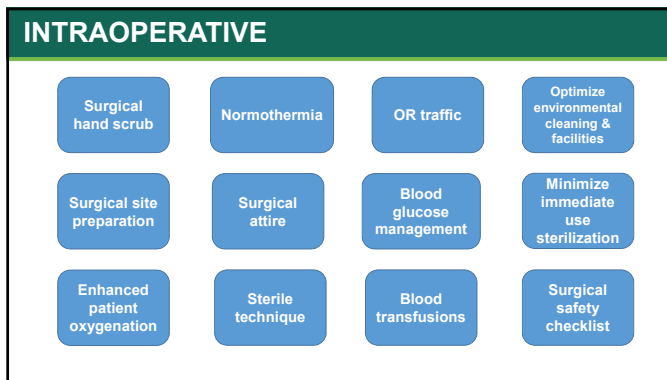
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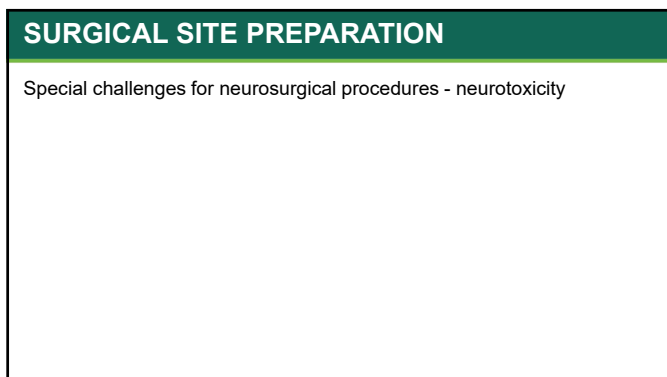
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## POSTOPERATIVE

Surgical dressings

Wound care

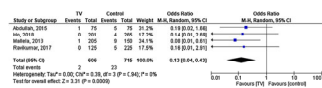
Prompt removal of vascular access devices

Prompt removal of urinary catheters

## UNRESOLVED ISSUES

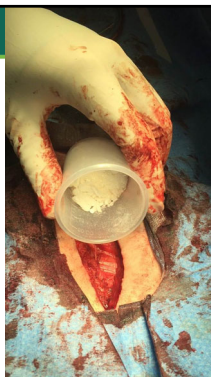
- Antimicrobial powders
- Antimicrobial sutures
- Optimal frequency of CSF sampling of EVDs
- Type of EVD catheter

## ANTIMICROBIAL POWDERS



Spine Surgical Procedures	Intervention	Control (No Antimicrobial)	Treatment (Antimicrobial)	Total
Instrumented	Not infected	200	270	470
	Infected	4 (2.00%)	4 (1.48%)	8 (1.74%)
Noninstrumented	Not infected	100	110	210
	Infected	2 (2.00%)	1 (0.91%)	3 (1.45%)
<b>Total</b>	<b>300</b>	<b>380</b>	<b>380</b>	<b>780</b>
<b>Overall Total</b>	<b>600</b>	<b>760</b>	<b>760</b>	<b>1560</b>
<b>Total infection rate</b>	<b>1.67%</b>	<b>1.05%</b>	<b>1.05%</b>	

Statistics of Spine Surgery in the Control and Treatment Groups





## ANTIMICROBIAL SUTURES

Additional approaches for preventing SSI:

- Use antiseptic-impregnated sutures as a strategy to prevent SSI (Quality of evidence: moderate)

Strategy	Guideline Source			
	Centers for Disease Control and Prevention	American College of Surgeons and Surgical Infection Society <sup>a</sup>	Society for Healthcare Epidemiology of America/ Infectious Diseases Society of America <sup>a</sup>	World Health Organization <sup>a</sup>
Antimicrobial sutures	Consider use of triclosan-coated sutures	Triclosan sutures recommended for wound closure in clean and clean-contaminated abdominal procedures when available	Do not routinely use antiseptic-impregnated sutures as a strategy to prevent SSI	Use of triclosan-coated sutures suggested

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## SSI PREVENTION BUNDLE



## SSI PREVENTION BUNDLE

October 2016

### Implementation of an Infection Prevention Bundle to Reduce Surgical Site Infections and Cost Following Spine Surgery

Joseph Featherall, BS<sup>1</sup>, Jacob A. Miller, BS<sup>1</sup>, E. Emily Bennett, MD<sup>2,3</sup>, Daniel Lubetkin, MD<sup>4</sup>, Hannah Wang, BS<sup>1</sup>, Tagreed Khalaf, MD<sup>1</sup>, Ajit A. Krishnan, MD<sup>1,3,4</sup>

<sup>1</sup> Author Affiliations | Article Information

JAMA Surg. 2016;151(10):988-990. doi:10.1001/jamasurg.2016.1794

50% reduction in SSIs and an \$866 per capita reduction in the surgical episode of care cost

> World Neurosurg. 2021 Apr;148(206-218.e4. doi: 10.1016/j.wneu.2020.12.137. Epub 2021 Jan 4.

### Cranial Surgical Site Infection Interventions and Prevention Bundles: A Systematic Review of the Literature

Michael Mann<sup>1</sup>, Christina Huang Wright<sup>2</sup>, Tarun Jeta<sup>1</sup>, Collin M Labak<sup>3</sup>, Berje Shammassian<sup>3</sup>, Sharmista Srinivas<sup>3</sup>, James Wright<sup>1</sup>, Lily Engineer<sup>4</sup>, Martha Sapozov<sup>5</sup>, Warren Selman<sup>3</sup>

Affiliations | Abstract

PMID: 33412319 | DOI: 10.1016/j.wneu.2020.12.137

Respective	Bundled Interventions										Unbundled or Unintentional
	Hand Hygiene	Antibiotic Prophylaxis	Antibiotic Timing	Antibiotic Dose	Antibiotic Route	Antibiotic Duration	Antibiotic Spectrum	Antibiotic Resistance	Antibiotic Stewardship	Antibiotic Education	
Study 1	+	+	+	+	+	+	+	+	+	+	+
Study 2	+	+	+	+	+	+	+	+	+	+	+
Study 3	+	+	+	+	+	+	+	+	+	+	+
Study 4	+	+	+	+	+	+	+	+	+	+	+
Study 5	+	+	+	+	+	+	+	+	+	+	+
Study 6	+	+	+	+	+	+	+	+	+	+	+
Study 7	+	+	+	+	+	+	+	+	+	+	+
Study 8	+	+	+	+	+	+	+	+	+	+	+
Study 9	+	+	+	+	+	+	+	+	+	+	+
Study 10	+	+	+	+	+	+	+	+	+	+	+

cSSI rate 7.8% → 3.7%

cSSI rate 3.2% → 2.1%

cSSI 23.8% → 2.8%

